



Sunday, March 3, 2024

Y-I-TRI TRIATHLON

Presented by the O'Fallon Illinois YMCA

Swim/Bike/Run

O'Fallon Illinois YMCA
284 N. Seven Hills Road,
O'Fallon, IL 622689

Heats begin at 1:30 pm

Support our Annual Campaign!

All proceeds from this triathlon will go to support the O'Fallon Illinois Annual Campaign, which directly supports the community in and around O'Fallon, Illinois.



10 min. Swim



20 min. Stationary Bike



15 min. Treadmill Run

The triathlon will consist of a 10-minute timed swim, 15-minute transition to a 20-minute timed stationary bike ride, then a 10-minute transition to a treadmill for a 15-minute timed run.

The athlete that goes the furthest wins!

There will be prizes for the top male performer and top female performer.
All registrants will receive a t-shirt.

Open* to Members and Non-Members | \$45 per person | Ages 15 and up

*Scan the QR Code to register!

